

# Curriculum

We offer a wide range of classes for every level dancer and gymnast at Kathi's Dance & Gym Center.

## **Gymnastics**

Rec. classes for boys & girls 5 and up  
Girls competitive program thru Level 10  
Cheerleading/Tumbling classes

## **Dance**

All levels of dance for all ages  
Ballet, Tap, Jazz, Pointe, Lyrical, Hip Hop  
Certified Cecchetti Ballet Program

## **Pre-School**

Kindercise (gymnastics)  
Kinderdance (combination ballet/tap)  
Mommy & Me

## **Pilates**

## **Adult Fitness**

## **Zumba**



# Dress Code

## **General for all students**

Hair must be tied back off the face  
No jewelry (small ear posts okay)  
No gum at any time

## **Gymnastics**

Leotards are required  
Boys—t-shirts and shorts (no belts, buckles,snaps)  
Bare feet/gymnastic shoes  
No STREET SHOES permitted

## **Dance—Recommended attire**

Ballet: Black leotard and pink tights  
(mandatory for Cecchetti classes)  
Pink ballet shoes  
Jazz: Black leotard and black, pink, or tan tights  
Black jazz shoes  
Tap: Black leotard and black, pink, or tan tights  
Tan tap shoes